

# #SPIN WOMEN

SPORT INCLUSION OF MIGRANT AND MINORITY WOMEN

## **WOMEN AND GIRLS GET ACTIVE DURING THE EUROPEAN WEEK OF SPORT**

In the framework of the SPIN Women project, grassroots activities enhancing the inclusion and participation of migrant and minority women and girls in and through sport are supported and made visible.

These activities are facilitated by or actively involve female minorities and migrants as initiators, trainers, athletes, officials, club members, fans etc.

Women's and minority sport clubs and initiatives as well as (female) refugee organisations cooperate to raise awareness about the dangers of exclusion, discrimination, ethnic stereotypes and prejudice.

Through the events diversity is celebrated and the need for equal opportunities for ethnic minority and migrant women and girls will be highlighted.

### ABOUT EUROPEAN WEEK OF SPORT (EWOS)

The week aims to help people become more active and use the inclusive power of sport in European societies. It was launched by the European Commission in 2015 to response to the inactivity crises and raise the level of physical activity. Since then the Week has continued

to grow year after year, 2018 already 12 million people participated at the European Week of Sport.

HTTPS://EC.EUROPA.EU/SPORT/WEEK





#### Sport Inclusion Network (SPIN)

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For more information, visit www.sportinclusion.net

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#### ABOUT THE PROJECT

"Sport Inclusion of Migrant and Minority Women: Promoting sports participation and leadership capacities" (SPIN Women)

The objective of this pan-European project is to encourage social inclusion and equal opportunities of women and girls with an immigrant or ethnic minority background through increased participation in sports and recreational physical

Looking at society at large, migrant and ethnic minority women are belonging to the most excluded and vulnerable groups in Europe. That's why SPIN Women is designed to show the different perspectives of migrant and ethnic minority women and to develop strategies to increase their involvement in sports.

















