

## Invitation

### MOUNTAINS FOR ALL!

**Together for more inclusion in outdoor sports**  
***Networking & Sharing of Good Practice***

**Date:** Thursday, 11 December 2025

**Time:** 09:00 – 15:00 CET

**Location:** Sport Arena Wien, Stephanie-Endres-Straße 3, 1020 Vienna (Multifunktionsraum 4)  
<https://wh-sport.at/sport-arena/ueber-uns-sawi>

**Hosted by:** *fairplay - Initiative for Diversity and Antidiscrimination in Sport* at VIDC in cooperation with *IEC – Center for Innovative Education*.

**Cost:** Free of Charge (Registration required)

**Learn more:** <https://www.fairplay.or.at/en/out4in-conference>

### About the event

In countries celebrated for their natural beauty and outdoor culture, like Austria, access to mountain sports and nature-based activities often remains difficult for certain groups. Specifically, **Refugee and Migrant Women and Girls (RMW)** face systemic barriers that prevent their full participation, including a lack of necessary *equipment and information, unfamiliarity with technical terms*, logistical challenges like *transportation and childcare duties*, and a persistent *lack of visible diversity* in outdoor spaces.

The **OUT4In Project** (*Outdoor for Inclusion: Empowering Refugee and Migrant Women through Nature-Based Activities*), co-funded by the Erasmus+ Programme, was developed to address this critical gap. OUT4In aims to create inclusive, empowering pathways that promote the empowerment, social inclusion, environmental awareness, and active citizenship of RMW. This conference is the final event of the project.

**fairplay-VIDC** is hosting this *one-day event* to:

- Share the project's key outcomes (including the **Educator Toolkit and Policy Recommendations**).
- Discuss **best practices** and **effective strategies** for supporting vulnerable groups.
- Enhance **exchange** between organisation and initiatives



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## Registration and Participation Details

Participation is free!

Please complete your registration until **30 November 2025** via the following link:

[fairplay.or.at/out4in-konferenz/anmeldung-registration](https://fairplay.or.at/out4in-konferenz/anmeldung-registration)

## Event Language Policy

The sessions will be conducted in a bilingual environment, utilizing both **German and English**.

**Important Note** Please be aware that **no simultaneous interpretation** services will be provided for this event. Opening, workshops and networking will be bilingual, the panel discussion German only.

## Accessibility Information

We are committed to ensuring a welcoming and accessible experience for all participants. The conference venue is **fully wheelchair accessible**.

## Inquiries and Support

Should you have any questions or require further information regarding the conference agenda, logistics, or your registration, please do not hesitate to reach out.

For all inquiries, please contact

**Contact Person: Nikola Staritz | Email: [staritz@vidc.org](mailto:staritz@vidc.org)**

## Preliminary Programme

|             |  |
|-------------|--|
| 09:00-09:30 | <b>Arrival &amp; Check-In</b>  |
| 09:30-09:45 | <b>Welcome &amp; Introduction</b> (German & English) <ul style="list-style-type: none"><li>- Nikola Staritz (moderator &amp; host)</li><li>- N.N. Keynote: Outdoor sports, women, and inclusion? A report from the field</li></ul> |

|             |   |
|-------------|---|
| 09:45–10:15 | <b>Out4In Project &amp; Tools</b> (German & English) <ul style="list-style-type: none"> <li>- Background of the project &amp; barriers towards Outdoor inclusion in Austria and Europe - main insight from focus groups</li> <li>- Presentation of Tools Out4in developed: <ul style="list-style-type: none"> <li>• Educator Toolkit</li> <li>• Multilingual “Guide to Local Natural Heritage”</li> </ul> </li> </ul> |
| 10:15–11:30 | <b>Panel Discussion</b> (German): <i>“Breaking Barriers: How Can Outdoor Activities Become More Inclusive?”</i>   |
| 11:30–12:30 | Lunch   |
| 12:30–14:30 | <b>EXCHANGE &amp; NETWORKING: Round tables (parallel sessions, English/German)</b><br>Five round tables on various topics: SUSTAINABILITY: Mountain and alpine sports in times of climate change / CO-CREATION: Creating offers together / TRAUMA- & CULTURALLY SENSITIVE WORK / STRUCTURES: Making organizations fit for diversity / FOR EVERYONE: Positive examples / MOBILITY / etc.                               |
| 14:30–15:00 | Closing & Feedback  |

## Connect & Co-Shape the Future

This conference is your opportunity to exchange ideas, build partnerships, and co-shape the future of inclusive outdoor practice across Europe. You will be joining a dynamic group of professionals committed to enhancing the active participation of RMW, including:

- Policymakers and public officials (local, national, and EU level).
- NGOs and community groups supporting refugee and migrant women.
- Outdoor educators, youth workers, and nature-based facilitators.
- Researchers and academics in migration, social inclusion, and experiential learning.
- Sports clubs, cultural associations, and feminist organisations.

To learn more about our work, please visit: [www.out4in.eu](http://www.out4in.eu)

## OUT4In Consortium Partners:

Monaliiku (Finland) • Trekkify (Italy) • VAS – Viaje a la Sostenibilidad (Spain)

CRPC – Crisis Response and Policy Centre (Serbia) • GEA – Società cooperativa sociale (Italy)

IEC – Zentrum für innovative Bildung (Austria) • fairplay-VIDC (Austria)



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